

## Proclamation

Whereas, behavioral health is an essential part of one's overall health and wellness; and

Whereas, prevention of mental and substance use disorders works, treatment is effective, and recovery is possible; and

Whereas, recovery is a process and people recover in our local area and around the nation; and

Whereas, preventing and overcoming mental and substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

Whereas, an estimated 400,000 people in King County are affected by these conditions; and

Whereas, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

Whereas, we recognize four dimensions of recovery from mental health and substance use disorders: health, home, purpose, and community; and

Whereas, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), King County, and the City of Renton invite all residents to participate in National Recovery Month;

Now, therefore, I, Armondo Pavone, Mayor of the City of Renton, do hereby proclaim September 2020 to be

## National Recovery Month

in the City of Renton, and I encourage all members of the community to join me in this special observation.

In witness whereof, I have hereunto set my hand and caused the seal of the City of Renton to be affixed this 14th day of September, 2020.

Armondo Pavone, Mayor City of Renton, Washington

